

# Live in the Place You Love



In-home care helps with activities of daily living, or the things we normally do to function at home. With a wide range of non-medical services, you or a loved one can have the control and ability to lead a meaningful, independent life. A Griswold-referred caregiver can help with these activities:

## Personal Care

- Bathing
- Hair care
- Oral care
- Dressing
- Grooming
- Skin care
- Restroom assistance
- Changing adult briefs
- Repositioning if bed-bound

## Homemaking

- Light housekeeping
- Organization
- Grocery shopping
- Meal planning
- Cooking
- Bed-making
- Plant care
- Laundry
- Pet care

## Companionship

- Shopping and errands
- Visiting friends
- Safety and security
- Prompting and reminders
- Travel to appointments
- Help with correspondence
- Accompaniment to events
- Celebrating birthdays
- Scrapbooking



**Delivered with heart.™**

***Call us for a FREE In-Home Visit today!***

Serving Southwest Families Since 1982

239.676.6440

[www.GriswoldHomeCare.com](http://www.GriswoldHomeCare.com)