

HandOff Remote Care Plan

Dee and Eunice: Preventing Hospitalizations



84 yo husband and wife with multiple comorbidities, have moved in with their son and his family for assistance and to be closer to their grandchildren.

The Situation

Parents' pre-existing comorbidities include CHF, COPD, diabetes/dialysis, aortic stenosis/AFIB, spinal stenosis, scleroderma, colon prolapse.

Within 30 days, Dee was hospitalized with AFIB complications from poor medication compliance. Dee & Eunice average 1 hospitalization every other month for the next 20 months for CHF, diabetic shock, UTI, COPD, and AFIB.

The Intervention

Dee & Eunice receive HandOff Care plans and their daily Griswold and family caregivers begin supporting key ADLs like medications, breathing treatments, and PT exercises. Additionally they track such HSLs as top goals, health concerns, weight, blood pressure, blood sugar, and feeling 1-10.

Palliative nurse uses HandOff care histories to spot a TIA episode and work with doctor to diagnose an infection of Eunice's aortic valve. Eunice receives home infusion therapy and avoids a stroke.

During two emergent events involving complications of CHF, care histories provided to the cardiologist over the phone enables him to adjust medications rather than send Eunice to the ER as he had done during prior CHF flairs. She recovered and avoided hospitalization.

The Outcome

Hospitalizations went from 11 in the 22 months prior to use of HandOff to 0.

The Power of HandOff

A simple daily care plan checklist reduced errors, improved communication and provided clinicians with critical and timely data to prevent hospitalizations.



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Tracking Hospitalizations

	Before HandOff	After HandOff
Hospitalizations	11 in 22 Months CHF, Diabetic Shock UTI, COPD, AFIB	0 in 10 Months Passed at Home
Hospitalizations Avoided	Unknown	3 in 10 Months 1 TIA spotted in care history: Treated via Home Infusion for Aortic valve infection: prevented stroke 2 Complications of CHF episodes: Data supported cardiologist in home med adjustment: recovered

Dee & Eunice each passed peacefully at their son's home with family present.